



# 23<sup>rd</sup> – 29<sup>th</sup> April Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Meat Main Course</b>						
Lamb Moussaka	Chicken Stir Fry with Toasted Sesame Seeds	Turkey schnitzel, rocket and parmesan salad	Beef Madras with Mango Chutney	Chip Shop Style Fried Fish with Homemade Tartare Sauce		
K0044	K0147	K00133	K0118	K0029		
<b>Vegetarian Main Course</b>						
Spinach & Ricotta Cannelloni	Mexican Taco Shells with Smokey Vegetable chilli, Sour Cream and guacamole	Char Grilled Vegetable Ravioli With Tomato & Basil Sauce	Falafel Wraps with Humous, & Mixed Leaves	Vegetarian of the day		
K0160	K0136	K0081	K0030	K0245		
<b>Alternative Main Course</b>						
Salmon & Asparagus Fishcakes with lemon & Dill Mayonnaise	Baked Fillet of Pollock with Lemon, Caper, & Parsley Dressing	Chefs Dish of the Day	Chefs Dish of the Day	Chefs Dish of the Day	<b>Dietary key</b>  food item contains: gluten  food item contains: dairy  food item contains: eggs  food item contains: peanuts  food item contains: tree nuts  food item contains: shellfish  suitable for : vegetarians	
K0105	K00132	K0034	K0034	K0034		
Parsley Potato Chipped Potatoes Broccoli Vegetable Of The Day	Steamed New Potato Pilaf rice Honey Roasted Carrots Vegetable Of The Day	Sautéed Potatoes Steamed Rice Peas Vegetable Of The Day	Fragrant Basmati Rice Spiced Wedges Bean Medley Vegetable Of The Day	Chips Smashed Potatoes Mushy Peas Vegetable Of The Day		
Pineapple Upside Down Pudding	Apple & Cinnamon Pie	Brioche & White Chocolate Pudding	Chocolate Sponge Pudding & Chocolate Sauce	Hot Dessert of the Day		

# 23<sup>rd</sup> – 29<sup>th</sup> April Dinner Menu

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Main Course</b>						
Moroccan Spiced Lamb With Minted Yogurt	Hunters Chicken	Beef burgers with cheese & streaky bacon served in Sesame Seed Bun	Caribbean Jerk Chicken	Chip Shop Style Fried Fish with Homemade Tartare Sauce		
<b>K0137</b>	<b>K0240</b>	<b>K0139</b>	<b>K00239</b>	<b>K0029</b>		
<b>Vegetarian Main Course</b>						
Baked Potato Skins filled with Vegetable Chilli & topped with Sour Cream & Chives	Four Cheese Tortellini with Parmesan Cream Sauce	Mixed Vegetable Burrito Served with Sour Cream, Salsa.	Gnocchi With Roasted Squash & Goats Cheese	Vegetarian of the day		
	<b>K0063</b>	<b>K0084</b>	<b>K0001</b>	<b>K0089</b>		
<b>Alternative Main Course</b>						
Fish Finger Bap with Watercress & Herb Mayonnaise	Coconut, Ginger & Coriander Marinated Coley Supreme	Chefs Dish of the Day	Chefs Dish of the Day	Chefs Dish of the Day		
<b>K239</b>	<b>K00229</b>	<b>K0231, 32</b>	<b>K0231, 32</b>	<b>K0231, 32</b>		
Savoury Couscous Sautéed Potatoes Carrots Vegetable Medley Of The Day	Savoury Rice Chipped Potatoes Green Beans Vegetable Medley Of The Day	Steamed Rice Seasoned Wedges Shredded Cabbage Vegetable Medley Of The Day	Steamed Rice Curly Fries Corn on the Cob Vegetable Medley Of The Day	Chips Mushy peas Selection Of Seasonal Vegetables		
Apricot & White Chocolate Bread & Butter Pudding	Sticky Toffee Pudding	Cherry Pie	Pineapple Upside Down Pudding	Hot Dessert Of The Day		

Dietary key

- food item contains: gluten
-  food item contains: **dairy**
-  food item contains: **eggs**
-  food item contains: **peanuts**
-  food item contains: **tree nuts**
-  food item contains: **shellfish**
-  suitable for : vegetarians

# 30<sup>th</sup> April – 6<sup>th</sup> May Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Meat Main Course</b>						
Beef Lasagne	Minted Lamb & Stilton and Rocket Burger served in a Brioche Bun	Pork Stroganoff	Grilled Chicken Breast With Mushroom & Chive Cream Sauce	Chip Shop Style Fried Fish with Homemade Tartar Sauce & Lemons		
<b>K0007</b>	<b>K0042</b>	<b>K0059</b>	<b>K0064</b>	<b>K0029</b>		
<b>Vegetarian Main Course</b>						
Spinach & Cauliflower Korma Served with a Chota Naan	Red Onion & Rosemary Vegetable Sausages with Yorkshire Pudding & Veggie Gravy	Red Lentil & Aubergine Moussaka	Vegetable Goulash with chive dumpling	Vegetarian of the day		
<b>K0085</b>	<b>K0088</b>	<b>K0087</b>	<b>K0245</b>	<b>K00240</b>		
<b>Alternative Main Course</b>						
Deep Fried Whole tail Scampi with Homemade Tartare sauce	Smoked Haddock & leek gratin	Chefs Special of the day	Chefs Special of the day	Chefs Special of the day		
<b>K0117</b>	<b>K0103</b>	<b>K0034</b>	<b>K0034</b>	<b>K0034</b>		
Roast New Potatoes Basmati Rice Broccoli Vegetable of the Day	Herby Dice Potato Honey Roasted Carrots Vegetable of the Day	Sautéed Potato Fragrant Basmati Rice Cauliflower Cheese Vegetable of the Day	Baked New Potato Mustard Mash Sautéed Green Beans Vegetable of the Day	Chips Peas Vegetable of the Day		
Golden Sponge Pudding	Apricot & white chocolate Bread & Butter Pudding	Summer Fruit crumble	Pineapple Upside Down Pudding	Hot Dessert of the Day		

Dietary key



food item contains: **gluten**



food item contains: **dairy**



food item contains: **eggs**



food item contains: **peanuts**



food item contains: **tree nuts**



food item contains: **shellfish**



suitable for : vegetarians

# 30<sup>th</sup> April – 6<sup>th</sup> May Dinner Menu

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Main Course</b>						
Slow Roasted Greek Style Lamb served with Tzatziki & Warm Pitta Bread	Beef Cannelloni	Chicken & Mushroom Flaky Pastry Pie	Grilled Gammon Steak with Roasted Maple Pineapple	Chip Shop Style Fried Fish with Homemade Tartar Sauce & Lemons		
<b>K0046</b>	<b>K0004</b>	<b>K0013</b>	<b>K0035</b>	<b>K0029</b>		
<b>Vegetarian Main Course</b>						
Huevos rancheros	Tofu and vegetable Thai green curry	Roasted Mediterranean Vegetable Enchilada	Mushroom, Sautéed Leek & Cheese Pasta Bake	Vegetarian of the day		
<b>K0052</b>	<b>K0120</b>	<b>K0050</b>	<b>K0120</b>	<b>K00243</b>		
<b>Alternative Main Course</b>						
Smoked Haddock & Spring Onion Fish Cake with Lemon Mayonnaise	Pan Fried Fillet of Pollock, Chive Sauce, served on a bed of Champ	Chefs Special of the Day	Chefs Special of the Day	Chefs Special of the Day		
<b>K0105</b>	<b>K00132</b>	<b>K0034</b>	<b>K0034</b>	<b>K00231, 32</b>		
Herb Roasted Potatoes French Fries Carrots Vegetable Medley of the Day	Chips Pilaf Rice Broccoli Vegetable Medley of the Day	Seasoned Pepper Wedges Green Beans Vegetable Medley of the Day	Sautéed Potatoes Steamed Rice Spring Greens Vegetable Medley of the Day	Chipped potatoes Creamy Mashed Potato Selection of Seasonal Vegetables		
Bread & Butter Pudding	Sticky Toffee Pudding	Chocolate Sponge Pudding with Chocolate	Peach Crumble	'Hot Dessert' of the Day		

Dietary key



food item contains: **gluten**



food item contains: **dairy**



food item contains: **eggs**



food item contains: **peanuts**



food item contains: **tree nuts**



food item contains: **shellfish**



suitable for : vegetarians

# 7<sup>th</sup> – 13<sup>th</sup> May Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Main Course</b>						
Savoury Meatballs with Vine Tomato & Basil Sauce	Sweet & Sour Chicken with Mange Tout & Beansprouts	Chilli Con Carne with Tacos & Sour Cream	Chicken, Mushroom, & Ham Pasta Bake	Chip Shop Style Fried Fish with Homemade Tartar Sauce & Lemons		
<b>K00233</b>	<b>K0242</b>	<b>K0150</b>	<b>K0166</b>	<b>K0029</b>		
<b>Vegetarian Main Course</b>						
Roasted Vegetable & Lentil Tagine With Spiced Apricots	Mushroom Stroganoff	Wild Mushroom & Chestnut Cottage Pie	Crispy Vegetable Spring Roll with Sweet Chilli Dressing	Vegetarian of the day		
<b>K0080</b>	<b>K00236</b>	<b>K00240</b>	<b>K0071</b>	<b>K0243</b>		
<b>Alternative Main Course</b>						
Admirals Pie	Breaded Lemon Sole Goujons with Homemade Tartare Sauce	Chefs Dish of the day	Chefs Dish of the day	Chefs Dish of the Day		
<b>K0140</b>	<b>K0033</b>	<b>K0034</b>	<b>K0034</b>	<b>K00231</b>		
Jacket Wedges Spaghetti Roasted Carrots Seasonal Vegetables	Chipped potato Savoury Rice Broccoli Seasonal Vegetables	Sauteed Potato Steamed Rice Cauliflower Cheese Seasonal Vegetables	Croquette Potato Steamed Rice Green Bean Medley Seasonal Vegetables	Chipped Potatoes Peas Mushy Peas		
Apple & Blackcurrant Pie	Summer Fruit Crumble	Pineapple Upside Down Pudding	Belgium Waffles	'Hot Dessert' of the day		

## Dietary key



food item contains: **gluten**



food item contains: **dairy**



food item contains: **eggs**



food item contains: **peanuts**



food item contains: **tree nuts**



food item contains: **shellfish**



suitable for : vegetarians

# 7<sup>th</sup> – 13<sup>th</sup> May Dinner Menu

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Main Course</b>						
Creamy Turkey and Mushroom Penne Pasta Bake	Oven Baked Chicken Supreme with Vine Cherry Tomato, Lemon, & Tarragon Dressing	Cajun Style Pulled Pork, Tomato Tortilla Wrap, Sour Cream & Salsa	Piri Piri Chicken Brochettes, with Honey & Mustard Coleslaw	Chip Shop Style Fried Fish With Homemade Tartare Sauce		
K0079	K0016	K00130	K0056	K0029		
<b>Vegetarian Main Course</b>						
Vegetable Samosa with Minted cucumber yoghurt dip	Leek, Mushroom, & Macaroni Cheese	Tofu & Cashew Nut Stir Fry, with Hoi Sin & Spring Onion	Butternut Squash & Chickpea Curry Garlic & Coriander Naan Bread	Vegetarian of the day		
K0049	K00228	K0048	K00115	K0080		
<b>Alternative Main Course</b>						
Herb & Garlic Bake Hake With Romesco Sauce & Wilted Spinach	Crispy Filo Wrapped King Prawns with Sweet Chilli Dipping Sauce	Chefs Dish of the Day	Chefs Dish of the Day	Chefs Dish of the Day		
K0036	K0076	K0034	K0034	K0034		
Roast New Potatoes Steamed Rice Broccoli Vegetable of the Day	Roasted Potatoes Herby Dice Maple Glazed Carrots Vegetable of the Day	Seasoned Potato Wedges Savoury Rice Green Bean Medley Vegetable of the Day	Twister Fries Fragrant Basmati Rice Baked Cauliflower Gratin Vegetable of the Day	Chips Lemon & Coriander Couscous Mushy Peas Vegetable of the Day		
Croissant & White Chocolate Pudding	Sticky Toffee Pudding	Apple & Blackberry Crumble	Chocolate Sponge Pudding with Chocolate	Hot Dessert of the Day		

### Dietary key



food item contains: gluten



food item contains: **dairy**



food item contains: **eggs**



food item contains: **peanuts**



food item contains: **tree nuts**



food item contains: **shellfish**



food item contains: mustard



suitable for : vegetarians

# 14<sup>th</sup> – 20<sup>th</sup> May Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Main Course</b>						
Moroccan Spiced Lamb With Minted Yogurt	Hunters Chicken	Beef burgers with cheese & streaky bacon served in Sesame Seed Bun	Caribbean Jerk Chicken	Chip Shop Style Fried Fish with Homemade Tartare Sauce		
<b>K0137</b>	<b>K0240</b>	<b>K0139</b>	<b>K00239</b>	<b>K0029</b>		
<b>Vegetarian Main Course</b>						
Baked Potato Skins filled with Vegetable Chilli & topped with Sour Cream & Chives	Four Cheese Tortellini with Parmesan Cream Sauce	Mixed Vegetable Burrito Served with Sour Cream, Salsa.	Gnocchi With Roasted Squash & Goats Cheese	Vegetarian of the day		
	<b>K0063</b>	<b>K0084</b>	<b>K0001</b>	<b>K0089</b>		
<b>Alternative Main Course</b>						
Fish Finger Bap with Watercress & Herb Mayonnaise	Coconut, Ginger & Coriander Marinated Coley Supreme	Chefs Dish of the Day	Chefs Dish of the Day	Chefs Dish of the Day		
<b>K239</b>	<b>K00229</b>	<b>K0231, 32</b>	<b>K0231, 32</b>	<b>K0231, 32</b>		
Savoury Couscous Sautéed Potatoes Carrots Vegetable Medley Of The Day	Savoury Rice Chipped Potatoes Green Beans Vegetable Medley Of The Day	Steamed Rice Seasoned Wedges Shredded Cabbage Vegetable Medley Of The Day	Steamed Rice Curly Fries Corn on the Cob Vegetable Medley Of The Day	Chips Mushy peas Selection Of Seasonal Vegetables		
Apricot & White Chocolate Bread & Butter Pudding	Sticky Toffee Pudding	Cherry Pie	Pineapple Upside Down Pudding	Hot Dessert Of The Day		

Dietary key

- food item contains: gluten
-  food item contains: **dairy**
-  food item contains: **eggs**
-  food item contains: **peanuts**
-  food item contains: **tree nuts**
-  food item contains: **shellfish**
-  suitable for : vegetarians

# 14<sup>th</sup> – 20<sup>th</sup> May Dinner Menu

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Meat Main Course</b>						
Lamb Moussaka	Chicken Stir Fry with Toasted Sesame Seeds	Turkey schnitzel, rocket and parmesan salad	Beef Madras with Mango Chutney	Chip Shop Style Fried Fish with Homemade Tartare Sauce		
K0044	K0147	K00133	K0118	K0029		
<b>Vegetarian Main Course</b>						
Spinach & Ricotta Cannelloni	Mexican Taco Shells with Smokey Vegetable chilli, Sour Cream and guacamole	Char Grilled Vegetable Ravioli With Tomato & Basil Sauce	Falafel Wraps with Humous, & Mixed Leaves	Vegetarian of the day		
K0160	K0136	K0081	K0030	K0245		
<b>Alternative Main Course</b>						
Salmon & Asparagus Fishcakes with lemon & Dill Mayonnaise	Baked Fillet of Pollock with Lemon, Caper, & Parsley Dressing	Chefs Dish of the Day	Chefs Dish of the Day	Chefs Dish of the Day		
K0105	K00132	K0034	K0034	K0034		
Parsley Potato Chipped Potatoes Broccoli Vegetable Of The Day	Steamed New Potato Pilaf rice Honey Roasted Carrots Vegetable Of The Day	Sautéed Potatoes Steamed Rice Peas Vegetable Of The Day	Fragrant Basmati Rice Spiced Wedges Bean Medley Vegetable Of The Day	Chips Smashed Potatoes Mushy Peas Vegetable Of The Day		
Pineapple Upside Down Pudding	Apple & Cinnamon Pie	Brioche & White Chocolate Pudding	Chocolate Sponge Pudding & Chocolate Sauce	Hot Dessert of the Day		

Dietary key



food item contains: gluten



food item contains: dairy



food item contains: eggs



food item contains: peanuts



food item contains: tree nuts



food item contains: shellfish



suitable for : vegetarians



# 21<sup>st</sup>– 27<sup>th</sup> May Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Main Course</b>						
Slow Roasted Greek Style Lamb served with Tzatziki & Warm Pitta Bread	Beef Cannelloni	Chicken & Mushroom Flaky Pastry Pie	Grilled Gammon Steak with Roasted Maple Pineapple	Chip Shop Style Fried Fish with Homemade Tartar Sauce & Lemons		
<b>K0046</b>	<b>K0004</b>	<b>K0013</b>	<b>K0035</b>	<b>K0029</b>		
<b>Vegetarian Main Course</b>						
Huevos rancheros	Tofu and vegetable Thai green curry	Roasted Mediterranean Vegetable Enchilada	Mushroom, Sautéed Leek & Cheese Pasta Bake	Vegetarian of the day		
<b>K0052</b>	<b>K0120</b>	<b>K0050</b>	<b>K0120</b>	<b>K00243</b>		
<b>Alternative Main Course</b>						
Smoked Haddock & Spring Onion Fish Cake with Lemon Mayonnaise	Pan Fried Fillet of Pollock, Chive Sauce, served on a bed of Champ	Chefs Special of the Day	Chefs Special of the Day	Chefs Special of the Day		
<b>K0105</b>	<b>K00132</b>	<b>K0034</b>	<b>K0034</b>	<b>K00231, 32</b>		
Herb Roasted Potatoes French Fries Carrots Vegetable Medley of the Day	Chips Pilaf Rice Broccoli Vegetable Medley of the Day	Seasoned Pepper Wedges Green Beans Vegetable Medley of the Day	Sautéed Potatoes Steamed Rice Spring Greens Vegetable Medley of the Day	Chipped potatoes Creamy Mashed Potato Selection of Seasonal Vegetables		
Bread & Butter Pudding	Sticky Toffee Pudding	Chocolate Sponge Pudding with Chocolate	Peach Crumble	'Hot Dessert' of the Day		

Dietary key



food item contains: **gluten**



food item contains: **dairy**



food item contains: **eggs**



food item contains: **peanuts**



food item contains: **tree nuts**



food item contains: **shellfish**



suitable for : vegetarians

# 21<sup>st</sup>– 27<sup>th</sup> May Dinner Menu

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Meat Main Course</b>						
Beef Lasagne	Minted Lamb & Stilton and Rocket Burger served in a Brioche Bun	Pork Stroganoff	Grilled Chicken Breast With Mushroom & Chive Cream Sauce	Chip Shop Style Fried Fish with Homemade Tartar Sauce & Lemons		
<b>K0007</b>	<b>K0042</b>	<b>K0059</b>	<b>K0064</b>	<b>K0029</b>		
<b>Vegetarian Main Course</b>						
Spinach & Cauliflower Korma Served with a Chota Naan	Red Onion & Rosemary Vegetable Sausages with Yorkshire Pudding & Veggie Gravy	Red Lentil & Aubergine Moussaka	Vegetable Goulash with chive dumpling	Vegetarian of the day		
<b>K0085</b>	<b>K0088</b>	<b>K0087</b>	<b>K0245</b>	<b>K00240</b>		
<b>Alternative Main Course</b>						
Deep Fried Whole tail Scampi with Homemade Tartare sauce	Smoked Haddock & leek gratin	Chefs Special of the day	Chefs Special of the day	Chefs Special of the day		
<b>K0117</b>	<b>K0103</b>	<b>K0034</b>	<b>K0034</b>	<b>K0034</b>		
Roast New Potatoes Basmati Rice Broccoli Vegetable of the Day	Herby Dice Potato Honey Roasted Carrots Vegetable of the Day	Sautéed Potato Fragrant Basmati Rice Cauliflower Cheese Vegetable of the Day	Baked New Potato Mustard Mash Sautéed Green Beans Vegetable of the Day	Chips Peas Vegetable of the Day		
Golden Sponge Pudding	Apricot & white chocolate Bread & Butter Pudding	Summer Fruit crumble	Pineapple Upside Down Pudding	Hot Dessert of the Day		

Dietary key



food item contains: **gluten**



food item contains: **dairy**



food item contains: **eggs**



food item contains: **peanuts**



food item contains: **tree nuts**



food item contains: **shellfish**



suitable for : vegetarians

# 28<sup>th</sup> May - 3<sup>rd</sup> June Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Main Course</b>						
Creamy Turkey and Mushroom Penne Pasta Bake	Oven Baked Chicken Supreme with Vine Cherry Tomato, Lemon, & Tarragon Dressing	Cajun Style Pulled Pork, Tomato Tortilla Wrap, Sour Cream & Salsa	Piri Piri Chicken Brochettes, with Honey & Mustard Coleslaw	Chip Shop Style Fried Fish With Homemade Tartare Sauce		
K0079	K0016	K00130	K0056	K0029		
<b>Vegetarian Main Course</b>						
Vegetable Samosa with Minted cucumber yoghurt dip	Leek, Mushroom, & Macaroni Cheese	Tofu & Cashew Nut Stir Fry, with Hoi Sin & Spring Onion	Butternut Squash & Chickpea Curry Garlic & Coriander Naan Bread	Vegetarian of the day		
K0049	K00228	K0048	K00115	K0080		
<b>Alternative Main Course</b>						
Herb & Garlic Bake Hake With Romesco Sauce & Wilted Spinach	Crispy Filo Wrapped King Prawns with Sweet Chilli Dipping Sauce	Chefs Dish of the Day	Chefs Dish of the Day	Chefs Dish of the Day		
K0036	K0076	K0034	K0034	K0034		
Roast New Potatoes Steamed Rice Broccoli Vegetable of the Day	Roasted Potatoes Herby Dice Maple Glazed Carrots Vegetable of the Day	Seasoned Potato Wedges Savoury Rice Green Bean Medley Vegetable of the Day	Twister Fries Fragrant Basmati Rice Baked Cauliflower Gratin Vegetable of the Day	Chips Lemon & Coriander Couscous Mushy Peas Vegetable of the Day		
Croissant & White Chocolate Pudding	Sticky Toffee Pudding	Apple & Blackberry Crumble	Chocolate Sponge Pudding with Chocolate	Hot Dessert of the Day		

### Dietary key



food item contains: gluten



food item contains: **dairy**



food item contains: **eggs**



food item contains: **peanuts**



food item contains: **tree nuts**



food item contains: **shellfish**



food item contains: mustard



suitable for : vegetarians

# 28<sup>th</sup> May - 3<sup>rd</sup> June Dinner Menu

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Main Course</b>						
Savoury Meatballs with Vine Tomato & Basil Sauce	Sweet & Sour Chicken with Mange Tout & Beansprouts	Chilli Con Carne with Tacos & Sour Cream	Chicken, Mushroom, & Ham Pasta Bake	Chip Shop Style Fried Fish with Homemade Tartar Sauce & Lemons		
<b>K00233</b>	<b>K0242</b>	<b>K0150</b>	<b>K0166</b>	<b>K0029</b>		
<b>Vegetarian Main Course</b>						
Roasted Vegetable & Lentil Tagine With Spiced Apricots	Mushroom Stroganoff	Wild Mushroom & Chestnut Cottage Pie	Crispy Vegetable Spring Roll with Sweet Chilli Dressing	Vegetarian of the day		
<b>K0080</b>	<b>K00236</b>	<b>K00240</b>	<b>K0071</b>	<b>K0243</b>		
<b>Alternative Main Course</b>						
Admirals Pie	Breaded Lemon Sole Goujons with Homemade Tartare Sauce	Chefs Dish of the day	Chefs Dish of the day	Chefs Dish of the Day		
<b>K0140</b>	<b>K0033</b>	<b>K0034</b>	<b>K0034</b>	<b>K00231</b>		
Jacket Wedges Spaghetti Roasted Carrots Seasonal Vegetables	Chipped potato Savoury Rice Broccoli Seasonal Vegetables	Sauteed Potato Steamed Rice Cauliflower Cheese Seasonal Vegetables	Croquette Potato Steamed Rice Green Bean Medley Seasonal Vegetables	Chipped Potatoes Peas Mushy Peas		
Apple & Blackcurrant Pie	Summer Fruit Crumble	Pineapple Upside Down Pudding	Belgium Waffles	'Hot Dessert' of the day		

## Dietary key



food item contains: **gluten**



food item contains: **dairy**



food item contains: **eggs**



food item contains: **peanuts**



food item contains: **tree nuts**



food item contains: **shellfish**



suitable for : vegetarians

# 4<sup>th</sup> – 10<sup>th</sup> June Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Meat Main Course</b>						
Lamb Moussaka	Chicken Stir Fry with Toasted Sesame Seeds	Turkey schnitzel, rocket and parmesan salad	Beef Madras with Mango Chutney	Chip Shop Style Fried Fish with Homemade Tartare Sauce		
K0044	K0147	K00133	K0118	K0029		
<b>Vegetarian Main Course</b>						
Spinach & Ricotta Cannelloni	Mexican Taco Shells with Smokey Vegetable chilli, Sour Cream and guacamole	Char Grilled Vegetable Ravioli With Tomato & Basil Sauce	Falafel Wraps with Humous, & Mixed Leaves	Vegetarian of the day		
K0160	K0136	K0081	K0030	K0245		
<b>Alternative Main Course</b>						
Salmon & Asparagus Fishcakes with lemon & Dill Mayonnaise	Baked Fillet of Pollock with Lemon, Caper, & Parsley Dressing	Chefs Dish of the Day	Chefs Dish of the Day	Chefs Dish of the Day		
K0105	K00132	K0034	K0034	K0034		
Parsley Potato Chipped Potatoes Broccoli Vegetable Of The Day	Steamed New Potato Pilaf rice Honey Roasted Carrots Vegetable Of The Day	Sautéed Potatoes Steamed Rice Peas Vegetable Of The Day	Fragrant Basmati Rice Spiced Wedges Bean Medley Vegetable Of The Day	Chips Smashed Potatoes Mushy Peas Vegetable Of The Day		
Pineapple Upside Down Pudding	Apple & Cinnamon Pie	Brioche & White Chocolate Pudding	Chocolate Sponge Pudding & Chocolate Sauce	Hot Dessert of the Day		

Dietary key



food item contains: gluten



food item contains: dairy



food item contains: eggs



food item contains: peanuts



food item contains: tree nuts



food item contains: shellfish



suitable for : vegetarians

# 4<sup>th</sup> – 10<sup>th</sup> June Dinner Menu

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Main Course</b>						
Moroccan Spiced Lamb With Minted Yogurt	Hunters Chicken	Beef burgers with cheese & streaky bacon served in Sesame Seed Bun	Caribbean Jerk Chicken	Chip Shop Style Fried Fish with Homemade Tartare Sauce		
<b>K0137</b>	<b>K0240</b>	<b>K0139</b>	<b>K00239</b>	<b>K0029</b>		
<b>Vegetarian Main Course</b>						
Baked Potato Skins filled with Vegetable Chilli & topped with Sour Cream & Chives	Four Cheese Tortellini with Parmesan Cream Sauce	Mixed Vegetable Burrito Served with Sour Cream, Salsa.	Gnocchi With Roasted Squash & Goats Cheese	Vegetarian of the day		
	<b>K0063</b>	<b>K0084</b>	<b>K0001</b>	<b>K0089</b>		
<b>Alternative Main Course</b>						
Fish Finger Bap with Watercress & Herb Mayonnaise	Coconut, Ginger & Coriander Marinated Coley Supreme	Chefs Dish of the Day	Chefs Dish of the Day	Chefs Dish of the Day		
<b>K239</b>	<b>K00229</b>	<b>K0231, 32</b>	<b>K0231, 32</b>	<b>K0231, 32</b>		
Savoury Couscous Sautéed Potatoes Carrots Vegetable Medley Of The Day	Savoury Rice Chipped Potatoes Green Beans Vegetable Medley Of The Day	Steamed Rice Seasoned Wedges Shredded Cabbage Vegetable Medley Of The Day	Steamed Rice Curly Fries Corn on the Cob Vegetable Medley Of The Day	Chips Mushy peas Selection Of Seasonal Vegetables		
Apricot & White Chocolate Bread & Butter Pudding	Sticky Toffee Pudding	Cherry Pie	Pineapple Upside Down Pudding	Hot Dessert Of The Day		

Dietary key

-  food item contains: gluten
-  food item contains: **dairy**
-  food item contains: **eggs**
-  food item contains: **peanuts**
-  food item contains: **tree nuts**
-  food item contains: **shellfish**
-  suitable for : vegetarians

# 11<sup>th</sup> – 17<sup>th</sup> June Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Meat Main Course</b>						
Beef Lasagne	Minted Lamb & Stilton and Rocket Burger served in a Brioche Bun	Pork Stroganoff	Grilled Chicken Breast With Mushroom & Chive Cream Sauce	Chip Shop Style Fried Fish with Homemade Tartar Sauce & Lemons		
<b>K0007</b>	<b>K0042</b>	<b>K0059</b>	<b>K0064</b>	<b>K0029</b>		
<b>Vegetarian Main Course</b>						
Spinach & Cauliflower Korma Served with a Chota Naan	Red Onion & Rosemary Vegetable Sausages with Yorkshire Pudding & Veggie Gravy	Red Lentil & Aubergine Moussaka	Vegetable Goulash with chive dumpling	Vegetarian of the day		
<b>K0085</b>	<b>K0088</b>	<b>K0087</b>	<b>K0245</b>	<b>K00240</b>		
<b>Alternative Main Course</b>						
Deep Fried Whole tail Scampi with Homemade Tartare sauce	Smoked Haddock & leek gratin	Chefs Special of the day	Chefs Special of the day	Chefs Special of the day		
<b>K0117</b>	<b>K0103</b>	<b>K0034</b>	<b>K0034</b>	<b>K0034</b>		
Roast New Potatoes Basmati Rice Broccoli Vegetable of the Day	Herby Dice Potato Honey Roasted Carrots Vegetable of the Day	Sautéed Potato Fragrant Basmati Rice Cauliflower Cheese Vegetable of the Day	Baked New Potato Mustard Mash Sautéed Green Beans Vegetable of the Day	Chips Peas Vegetable of the Day		
Golden Sponge Pudding	Apricot & white chocolate Bread & Butter Pudding	Summer Fruit crumble	Pineapple Upside Down Pudding	Hot Dessert of the Day		

Dietary key



food item contains: **gluten**



food item contains: **dairy**



food item contains: **eggs**



food item contains: **peanuts**



food item contains: **tree nuts**



food item contains: **shellfish**



suitable for : vegetarians

# 11<sup>th</sup> – 17<sup>th</sup> June Dinner Menu

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Main Course</b>						
Slow Roasted Greek Style Lamb served with Tzatziki & Warm Pitta Bread	Beef Cannelloni	Chicken & Mushroom Flaky Pastry Pie	Grilled Gammon Steak with Roasted Maple Pineapple	Chip Shop Style Fried Fish with Homemade Tartar Sauce & Lemons		
<b>K0046</b>	<b>K0004</b>	<b>K0013</b>	<b>K0035</b>	<b>K0029</b>		
<b>Vegetarian Main Course</b>						
Huevos rancheros	Tofu and vegetable Thai green curry	Roasted Mediterranean Vegetable Enchilada	Mushroom, Sautéed Leek & Cheese Pasta Bake	Vegetarian of the day		
<b>K0052</b>	<b>K0120</b>	<b>K0050</b>	<b>K0120</b>	<b>K00243</b>		
<b>Alternative Main Course</b>						
Smoked Haddock & Spring Onion Fish Cake with Lemon Mayonnaise	Pan Fried Fillet of Pollock, Chive Sauce, served on a bed of Champ	Chefs Special of the Day	Chefs Special of the Day	Chefs Special of the Day		
<b>K0105</b>	<b>K00132</b>	<b>K0034</b>	<b>K0034</b>	<b>K00231, 32</b>		
Herb Roasted Potatoes French Fries Carrots Vegetable Medley of the Day	Chips Pilaf Rice Broccoli Vegetable Medley of the Day	Seasoned Pepper Wedges Green Beans Vegetable Medley of the Day	Sautéed Potatoes Steamed Rice Spring Greens Vegetable Medley of the Day	Chipped potatoes Creamy Mashed Potato Selection of Seasonal Vegetables		
Bread & Butter Pudding	Sticky Toffee Pudding	Chocolate Sponge Pudding with Chocolate	Peach Crumble	'Hot Dessert' of the Day		

Dietary key



food item contains: **gluten**



food item contains: **dairy**



food item contains: **eggs**



food item contains: **peanuts**



food item contains: **tree nuts**



food item contains: **shellfish**



suitable for : vegetarians



# 18<sup>th</sup> – 24<sup>th</sup> June Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Main Course</b>						
Savoury Meatballs with Vine Tomato & Basil Sauce	Sweet & Sour Chicken with Mange Tout & Beansprouts	Chilli Con Carne with Tacos & Sour Cream	Chicken, Mushroom, & Ham Pasta Bake	Chip Shop Style Fried Fish with Homemade Tartar Sauce & Lemons		
<b>K00233</b>	<b>K0242</b>	<b>K0150</b>	<b>K0166</b>	<b>K0029</b>		
<b>Vegetarian Main Course</b>						
Roasted Vegetable & Lentil Tagine With Spiced Apricots	Mushroom Stroganoff	Wild Mushroom & Chestnut Cottage Pie	Crispy Vegetable Spring Roll with Sweet Chilli Dressing	Vegetarian of the day		
<b>K0080</b>	<b>K00236</b>	<b>K00240</b>	<b>K0071</b>	<b>K0243</b>		
<b>Alternative Main Course</b>						
Admirals Pie	Breaded Lemon Sole Goujons with Homemade Tartare Sauce	Chefs Dish of the day	Chefs Dish of the day	Chefs Dish of the Day		
<b>K0140</b>	<b>K0033</b>	<b>K0034</b>	<b>K0034</b>	<b>K00231</b>		
Jacket Wedges Spaghetti Roasted Carrots Seasonal Vegetables	Chipped potato Savoury Rice Broccoli Seasonal Vegetables	Sauteed Potato Steamed Rice Cauliflower Cheese Seasonal Vegetables	Croquette Potato Steamed Rice Green Bean Medley Seasonal Vegetables	Chipped Potatoes Peas Mushy Peas		
Apple & Blackcurrant Pie	Summer Fruit Crumble	Pineapple Upside Down Pudding	Belgium Waffles	'Hot Dessert' of the day		

## Dietary key



food item contains: **gluten**



food item contains: **dairy**



food item contains: **eggs**



food item contains: **peanuts**



food item contains: **tree nuts**



food item contains: **shellfish**



suitable for : vegetarians

# 18<sup>th</sup> – 24<sup>th</sup> June Dinner Menu

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Main Course</b>						
Creamy Turkey and Mushroom Penne Pasta Bake	Oven Baked Chicken Supreme with Vine Cherry Tomato, Lemon, & Tarragon Dressing	Cajun Style Pulled Pork, Tomato Tortilla Wrap, Sour Cream & Salsa	Piri Piri Chicken Brochettes, with Honey & Mustard Coleslaw	Chip Shop Style Fried Fish With Homemade Tartare Sauce		
K0079	K0016	K00130	K0056	K0029		
<b>Vegetarian Main Course</b>						
Vegetable Samosa with Minted cucumber yoghurt dip	Leek, Mushroom, & Macaroni Cheese	Tofu & Cashew Nut Stir Fry, with Hoi Sin & Spring Onion	Butternut Squash & Chickpea Curry Garlic & Coriander Naan Bread	Vegetarian of the day		
K0049	K00228	K0048	K00115	K0080		
<b>Alternative Main Course</b>						
Herb & Garlic Bake Hake With Romesco Sauce & Wilted Spinach	Crispy Filo Wrapped King Prawns with Sweet Chilli Dipping Sauce	Chefs Dish of the Day	Chefs Dish of the Day	Chefs Dish of the Day		
K0036	K0076	K0034	K0034	K0034		
Roast New Potatoes Steamed Rice Broccoli Vegetable of the Day	Roasted Potatoes Herby Dice Maple Glazed Carrots Vegetable of the Day	Seasoned Potato Wedges Savoury Rice Green Bean Medley Vegetable of the Day	Twister Fries Fragrant Basmati Rice Baked Cauliflower Gratin Vegetable of the Day	Chips Lemon & Coriander Couscous Mushy Peas Vegetable of the Day		
Croissant & White Chocolate Pudding	Sticky Toffee Pudding	Apple & Blackberry Crumble	Chocolate Sponge Pudding with Chocolate	Hot Dessert of the Day		

### Dietary key



food item contains: gluten



food item contains: **dairy**



food item contains: **eggs**



food item contains: **peanuts**



food item contains: **tree nuts**



food item contains: **shellfish**



food item contains: mustard



suitable for : vegetarians








# 25<sup>th</sup> June – 1<sup>st</sup> July Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Main Course</b>						
Moroccan Spiced Lamb With Minted Yogurt	Hunters Chicken	Beef burgers with cheese & streaky bacon served in Sesame Seed Bun	Caribbean Jerk Chicken	Chip Shop Style Fried Fish with Homemade Tartare Sauce		
<b>K0137</b>	<b>K0240</b>	<b>K0139</b>	<b>K00239</b>	<b>K0029</b>		
<b>Vegetarian Main Course</b>						
Baked Potato Skins filled with Vegetable Chilli & topped with Sour Cream & Chives	Four Cheese Tortellini with Parmesan Cream Sauce	Mixed Vegetable Burrito Served with Sour Cream, Salsa.	Gnocchi With Roasted Squash & Goats Cheese	Vegetarian of the day		
	<b>K0063</b>	<b>K0084</b>	<b>K0001</b>	<b>K0089</b>		
<b>Alternative Main Course</b>						
Fish Finger Bap with Watercress & Herb Mayonnaise	Coconut, Ginger & Coriander Marinated Coley Supreme	Chefs Dish of the Day	Chefs Dish of the Day	Chefs Dish of the Day		
<b>K239</b>	<b>K00229</b>	<b>K0231, 32</b>	<b>K0231, 32</b>	<b>K0231, 32</b>		
Savoury Couscous Sautéed Potatoes Carrots Vegetable Medley Of The Day	Savoury Rice Chipped Potatoes Green Beans Vegetable Medley Of The Day	Steamed Rice Seasoned Wedges Shredded Cabbage Vegetable Medley Of The Day	Steamed Rice Curly Fries Corn on the Cob Vegetable Medley Of The Day	Chips Mushy peas Selection Of Seasonal Vegetables		
Apricot & White Chocolate Bread & Butter Pudding	Sticky Toffee Pudding	Cherry Pie	Pineapple Upside Down Pudding	Hot Dessert Of The Day		

Dietary key

-  food item contains: gluten
-  food item contains: **dairy**
-  food item contains: **eggs**
-  food item contains: **peanuts**
-  food item contains: **tree nuts**
-  food item contains: **shellfish**
-  suitable for : vegetarians

# 25<sup>th</sup> June – 1<sup>st</sup> July Dinner Menu

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Meat Main Course</b>						
Lamb Moussaka	Chicken Stir Fry with Toasted Sesame Seeds	Turkey schnitzel, rocket and parmesan salad	Beef Madras with Mango Chutney	Chip Shop Style Fried Fish with Homemade Tartare Sauce		
K0044	K0147	K00133	K0118	K0029		
<b>Vegetarian Main Course</b>						
Spinach & Ricotta Cannelloni	Mexican Taco Shells with Smokey Vegetable chilli, Sour Cream and guacamole	Char Grilled Vegetable Ravioli With Tomato & Basil Sauce	Falafel Wraps with Humous, & Mixed Leaves	Vegetarian of the day		
K0160	K0136	K0081	K0030	K0245		
<b>Alternative Main Course</b>						
Salmon & Asparagus Fishcakes with lemon & Dill Mayonnaise	Baked Fillet of Pollock with Lemon, Caper, & Parsley Dressing	Chefs Dish of the Day	Chefs Dish of the Day	Chefs Dish of the Day	<u>Dietary key</u>  food item contains: gluten  food item contains: dairy  food item contains: eggs  food item contains: peanuts  food item contains: tree nuts  food item contains: shellfish  suitable for : vegetarians	
K0105	K00132	K0034	K0034	K0034		
Parsley Potato Chipped Potatoes Broccoli Vegetable Of The Day	Steamed New Potato Pilaf rice Honey Roasted Carrots Vegetable Of The Day	Sautéed Potatoes Steamed Rice Peas Vegetable Of The Day	Fragrant Basmati Rice Spiced Wedges Bean Medley Vegetable Of The Day	Chips Smashed Potatoes Mushy Peas Vegetable Of The Day		
Pineapple Upside Down Pudding	Apple & Cinnamon Pie	Brioche & White Chocolate Pudding	Chocolate Sponge Pudding & Chocolate Sauce	Hot Dessert of the Day		