

RHEA FOR WELFARE

As your welfare officer I want to make the HUS an accessible and representative advocator for our student body. To achieve this, I will focus on improving our social media presence and the publicity of HUS resources, with an emphasis on planning events for our diverse community and providing mental health support for all students.

COMMUNICATION and COMMUNITY

- **Revamping the HUS Instagram** and social media pages with more frequent posting, daily takeovers, interactive features/polls to vote on college events, and fun graphics!
- **Publicising our welfare and reporting systems**, striving for transparency so that all students know how to reach our **College Discrimination and Harassment Contacts**, that are in place for confidential support, as well as the Counsellor and College Health Advisor.
- A social media series '**Humans of Homerton**' sharing individual experiences and love for our college, drawing Homertonians back together into a community.
- **A makeover of the College website**, making all aspects of the HUS more accessible.

MENTAL HEALTH

- Establish the HUS as a **friendly and informal source of support and advice** for any concerns about academic stress and burnout with weekly welfare drop ins.
- **Expanding the counselling system** by working in conjunction with the pastoral team to ensure that there are enough mental health professionals available for student support any given point in term.
- Introducing '**hummus, chips and chat**', a non-judgemental support space with new snacks every week!
- **Exam term and academic support**, including the welfairy pigeonhole scheme, Sunday Funday events during exam term and inviting a dog to cuddle in the buttry.

EVENTS

- Working closely with other HUS officers to ensure **diversity and accessibility in ENTs** with a range of activities on offer to include all BME, LGBTQ+, disabled, international and class act students.
- Holding a **broad range of welfare events** to reinvigorate the college community in more relaxed environments: **yoga for mindfulness, boardgames/crafts and wine nights and movie screenings**.
- **Friendship mixers** to make up for pandemic lost time- a chance to meet more people in the college with representatives from college sports and societies present.
- **Support to ease back into university social life**, through distributing information regarding drinking awareness and clubbing safety as well as events such as **hangover breakfasts** to help with hangxiety the day after college BOPs or club nights.

FRESHERS

- Freshers talks on consent, discrimination, harassment and safety to be run **in collaboration with professionals**, ensuring interaction and engagement with the subject matter. Consistent refreshers on the material covered through social media channels and termly workshops.
- Distribution of **sexual health and safety leaflets**, ensuring awareness of the different avenues available for reporting incidents and seeking support.
- Work closely with the rest of the HUS to ensure all of the college community is supported during Freshers week through **promoting non-drinking events and amplifying welfare presence**.